

Indian Atees

Latin Name(s): Aconitum heterophyllum

English Name(s): Indian Atees

Sanskrit / Indian Name (s):



Cure for: In Indian traditional medicine it is used in the treatment of dyspepsia, diarrhea and coughs. In Tibetan medicine, it is considered a bitter herb with a cooling potency. It is used to treat poisoning from scorpion or snake bites, the fevers of contagious diseases and inflammation of the intestines.

The main part of the plant used in medicines is tuberous root. The dried tuberous roots are used for hemorrhoids, vomiting, edema, liver disorders, Kapha and Pitta diseases; convalescing after fever, debility, diarrhea, dysentery, acute inflammations, cough, indigestion, chronic fevers. In Ayurvedic medicine Atees is used for children experiencing fever and diarrhea. It is also used to treat headaches caused from eating excessive amounts of greasy foods, thirst associated with fever, yellowish sclera, nausea, vomiting, throat pain, and lung and eye inflammation. This herb is also used for treating digestive disorders such as anorexia, piles, and worms. It is said to help revitalize sexual desire and reduce obesity, mitigates breast milk in lactating mothers.