

## ***Crocus Sativus Linn or Kaishore***

**Latin Names:** *Crocus Sativus Linn*

**Sanskrit / Indian Name:** Kaishore



**Cure for:** Kaishore considered to be one of the best compounds for Pita related inflammations. It helps in increasing white blood cell count and disinfects secretions, including mucus, sweat and urination. It also increases appetite, clears the lungs, and helps heal the skin and mucous membranes. It is commonly used for cough and cold, decreased appetite and general weakness.