

Nux Vomica or Kuchala

Latin Names: Strychnos Nux Vomica

English Name: Nux-vomica

Sanskrit / Indian Name: Shudha kupilu, Vishamushti, Kuchala



Cure for: it is used as a healing tonic, appetite stimulant and febrifuge in indigenous medicine. Its dried seeds, bark, root and leaves all have therapeutic values and used in different medical formulations.

According to Ayurveda the plant is useful to pacifies vitiated kapha, vata, cardiomyopathy (a heart disease), hypo tension, arthritis, and dementia. It is useful in various disorders and conditions like upset stomach, vomiting, abdominal pain, constipation, intestinal irritation, hangovers, heartburn, insomnia, circulatory problems, eye diseases, depression, migraine headaches, nervous conditions, problems related to menopause, and respiratory diseases in the elderly.