

Greater Galangal or Kulinjan

Latin Name(s): Alpinia Galanga

English Name(s): Greater Galangal

Sanskrit / Indian Name (s): Kulinjan, Rasna, Mahabharivacha



Cure for: According to Ayurveda it is a sharp, pungent, hot and rough in properties. It is also aromatic, stimulant, aphrodisiac, antifungal, hepatoprotective and useful in indigestion, bronchial catarrh, rheumatism and fever. It is a useful herb for general body and nervous weakness, mouth related problems, tastelessness, loss of appetite, pain abdomen drying of mouth, heart related problems. It also helps in respiratory problems, excess urination, impotence, erectile dysfunction, throat related problems. The powder made from herb is used in skin related problems for external use. It is also helpful in nerve weakness and general body debility. It improves the taste of the mouth and the digestive activities. It is also useful in throat related problems, cough and asthma. It also acts as aphrodisiac agent. It helps in resolving erectile dysfunction and impotence.