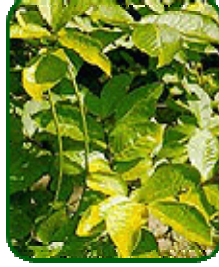


Coneru or Kutaja

Latin Name(s): Holarrhena antidysenterica

English Name(s): Coneru, Tellicherry Bark

Sanskrit / Indian Name (s): Kutaja, Vatsaka



Cure for: It is considered one of the best drug for Diarrhea. The principal constituent of bark is the alkaloid of kurchi which is conessine. The other alkaloids reported to be present in the bark are: conamine, conkurchine, connessimine, kurchine, conarrhinine, holarrhinene, and isoconcessimine. The bark has astringent, antidiarrhetic, anthelmintic, stomachic, febrifugal and tonic properties. It is used in the treatment of amebic dysentery and diarrhea. In chronic diarrhea and to check blood coming from stool, it should be used with Isobgol, castor oil or Indrayav. According to Ayurveda, the bark is useful in treatment of piles, skin diseases and biliousness. It is used externally in case of skin troubles. It is also used in treatment of urinary troubles. The fresh juice of bark is considered good to check the diarrhea. In Bleeding piles Decoction of Kutaj bark with sunthi checks mucus and blood. Application of this herb is useful in Rh. Arthritis and Osteoarthritis.