

Henna or Mehandi

Latin Name(s): Lawsonia Inermis

English Name(s): Henna

Sanskrit / Indian Name (s): Mehandi



Cure for: In Ayurveda or other natural remedies Henna is considered as an excellent hair care product.

Henna has anti-fungal, astringent and cooling properties that helps in curing various hair problems. Its anti-fungal quality helps in reducing dandruff, creating hair follicle healthier, promoting hair growth and combating lice. Henna is excellent hair conditioner and provides strength, body, shine/sheen to hair. Henna is also commonly used as hair dye. As it controls excessive secretions of scalp oils it proves excellent remedy for almost all scalp disorders. Henna is also useful in jaundice, leprosy, smallpox, and infections of the skin.