

Indian Long Pepper or Pippali

Latin Name(s): Piper longum

English Name(s): Indian Long Pepper

Sanskrit / Indian Name (s): Pippali, Kana, Magadhi, Ushana



Cure for: Pippali is widely used in Ayurvedic and Unani systems of medicine particularly for diseases of respiratory tract. The fruits are used for diseases of the respiratory tract, like, cough, bronchitis, asthma, etc.; as counter-irritant and analgesic when applied locally for muscular pains and inflammation and as general tonic and hematinic (increases the hemoglobin content of the blood). It acts as a general tonic and hematinic and used as a good rejuvenator in Ayurveda. It is aromatic, stimulant, carminative, in properties and useful in constipation, gonorrhoea, paralysis of the tongue, diarrhoea, cholera, scarlatina, Chronic Malaria, Viral hepatitis. It also helps to stimulate the appetite and dispels gas from the intestines. An infusion of Piper Longum root is used after birth to induce the expulsion of the placenta. Piper longum is also said to enhance the bio-availability of food and drugs and used in pickles as preservative.