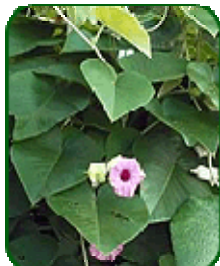


Elephant Creeper or Vidhara Lakdi

Latin Name(s): *Argyreia nervosa / A.speciosa*

English Name(s): Elephant Creeper

Sanskrit / Indian Name (s): Vidhara Lakdi, Vriddadaru



Cure for: It helps in healing of wounds and increases blood circulation to the effective part. It strengthens the nervous system and promotes memory. It is anti-inflammatory in action and is cardiac supporter. It helps in digestion. It is also helpful in throat related problems. It increases sperms count and decreases the inflammation in the uterus. It is also helpful in resolving urine related problems and is also effective in diabetes. It also strengthens the body. The roots of the plant are useful in vitiated conditions of kapha and vata, emaciation, wounds, ulcers, anorexia, dyspepsia, flatulence, colic, constipation, cardiac debility, inflammations, cough, bronchitis, strangury, seminal weakness, nervous weakness, cerebral disorders, synovitis, hemorrhoids, obesity, hoarseness, syphilis, anemia, diabetes, tuberculosis, arthritis, ascites, leucorrhoea and general debility.