

# *How to Make Yourself Happy*



How to make yourself happy

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# *How to Make Yourself Happy*

## 1. Have targets and goals



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2. Smile always



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3. Share the happiness with others



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4. Willing to help others



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5.Keep a childlike heart



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6. Get on well with different kinds  
of people



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### 7. Keep calm when surprise comes



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8. Keep the sense of humor



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9. Forgive others



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10. Have some really good friends



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11. Always work in a team



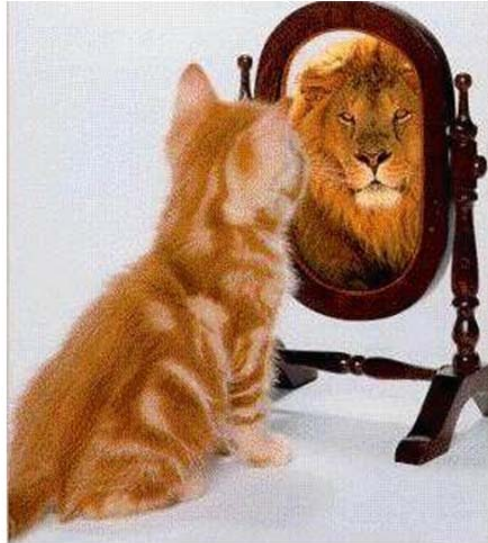
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12. Enjoy the family gathering time



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13. Be confident and proud of yourself



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14. Respect the weak



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15. Indulge yourself, sometimes



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16. Work from time to time



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17. Be brave and courageous



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## *How to Make Yourself Happy*

### 18. Finally, don't be a moneygrubber



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