

Five Mukhi (Face) Rudraksha



Benefits: As the representation of Lord of Living creature, five mukhi Rudraksha is also known to symbolize the form of Pancheswor or Panchmukhi Shiva. It also represents another form of Shiva termed as Kaalagni. Since the ancient times the users and wearers of five mukhi Rudraksha had accumulated maximum physical and materialistic benefits with the eternal blessings from Lord Shiva. Many documented evidences have solidly cemented the belief of Shiva devotees that no matter how deeply one sinks into the depth of failure or loose hope and faith in life or is engulfed by worldly miseries or is at the verge of bankruptcy or mental breakdown, five mukhi Rudraksha always comes forth in the form of a guiding angel for the welfare of mankind as a gift from Lord Shiva.

Mantra : ' Om Hreem Namah '

Ruling Planet : ' Mars '

Which type of Rudraksha to wear: One should use those Rudraksha-beads which are nice, handsome, strong, big, auspicious and thorny. One should avoid those eaten by worms, broken, without thorns, and having sores.

The self-holed Rudraksha is of the best variety. But that which is holed by man's attempt, is considered to be worse. Those best Rudrakshas should be strung in white thread.

Where Available: The English name for Rudraksha tree is 'utrasum bead tree.' The trees are of medium height and the fruit on them is like a walnut, having a cover, with a Rudraksha inside. These trees are generally found in India, Nepal, Indonesia and some other countries of North Asia.

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Note: For those readers who hold interest in Spirituality and Hindu Philosophy can read "[Rudraksha Jabala Upanishad](#)" found in the Upanishad section under "Religion and Philosophy / Hinduism", to get a great overview and enhance their understanding on the benefits of Rudraksha, both for spiritual and personal success.

Methods of Treatment

1. By the mere utterance of the name of 'Rudraksha'.
2. By seeing and touching it.
3. By wearing a rosary (necklace) or even one Rudraksha can be worn by stringing in white thread.
4. Keep Rudraksha soaked in a cup of water overnight (use of a clean and auspicious place like place of worship is important), and then in the morning drink the water.
5. Do Japa with Rudraksha and wear it at all times.
 - a. Start on Thursday,
 - b. Wash Rudraksha with unboiled milk and water,
 - c. Apply sandalwood paste on it,
 - d. Offer Incense and flowers,
 - e. Chant "Om Namah Shivaya" 108 times the first time, when you start this auspicious activity
 - f. Chant " Om Hreem Namah " at-least 9 times every day