

## Seven Mukhi (Face) Rudraksha



**Benefits:** Seven mukhi Rudraksha is regarded as the representation of Saptarishi (Seven Greatest Sage). Vaishnavism belief that seven mukhi Rudraksha represents Avanta, the king of serpents who is believed to be the incarnate of Lord Shiva himself. Each face on the Rudraksha represents one great serpent. Energized beads can be placed in a locker containing money and other financial assets or in a prayer room to reap positive output. It releases a man from poverty and miseries. Its use is especially beneficial for those who are into business.

Mantra : ' Om Hum Namah '

Ruling Planet : ' Saturn '.

**Which type of Rudraksha to wear:** One should use those Rudraksha-beads which are nice, handsome, strong, big, auspicious and thorny. One should avoid those eaten by worms, broken, without thorns, and having sores.

The self-holed Rudraksha is of the best variety. But that which is holed by man's attempt, is considered to be worse. Those best Rudrakshas should be strung in white thread.

**Where Available:** The English name for Rudraksha tree is 'utrasum bead tree.' The trees are of medium height and the fruit on them is like a walnut, having a cover, with a Rudraksha inside. These trees are generally found in India, Nepal, Indonesia and some other countries of North Asia.

**Note:** For those readers who hold interest in Spirituality and Hindu Philosophy can read "[Rudraksha Jabala Upanishad](#)" found in the Upanishad section under "Religion

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and Philosophy / Hinduism”, to get a great overview and enhance their understanding on the benefits of Rudraksha, both for spiritual and personal success.

### **Methods of Treatment**

1. By the mere utterance of the name of 'Rudraksha'.
2. By seeing and touching it.
3. By wearing a rosary (necklace) or even one Rudraksha can be worn by stringing in white thread.
4. Keep Rudraksha soaked in a cup of water overnight (use of a clean and auspicious place like place of worship is important), and then in the morning drink the water.
5. Do Japa with Rudraksha and wear it at all times.
  - a. Start on Saturday,
  - b. Wash Rudraksha with unboiled milk and water,
  - c. Apply sandalwood paste on it,
  - d. Offer Incense and flowers,
  - e. Chant "Om Namah Shivaya" 108 times the first time, when you start this auspicious activity
  - f. Chant " Om Hum Namah " at-least 9 times every day