

Two Mukhi (Face) Rudraksha



Benefits: Two mukhi or face Rudraksha symbolizes the unite form of Shiva Parvati , also commonly known as Arthanreshwor. It harbors immense mystical power. Vedic scriptures boost about the belief that two mukhi Rudraksha carries the entire evolution of cosmos within it and thus it is a special blessing to mankind. Two natural lines or faces are found on two mukhi Rudraksha which is its key identification. It comes in oval shape. Besides Hindus, it is also considered extremely sacred by Vaishnavaites. Vaishnavism religion perceives it as the symbol of Lord Vishnu. The use of two two-mukhi Rudraksha beads fastened around a red thread activates its immense power for reaping maximum benefits. Mantra : ' Om Shiva Shaktihi Namaha ' Ruling Planet : ' Moon '.

Which type of Rudraksha to wear: One should use those Rudraksha-beads which are nice, handsome, strong, big, auspicious and thorny. One should avoid those eaten by worms, broken, without thorns, and having sores.

The self-holed Rudraksha is of the best variety. But that which is holed by man's attempt, is considered to be worse. Those best Rudrakshas should be strung in white thread.

Where Available: The English name for Rudraksha tree is 'utrasum bead tree.' The trees are of medium height and the fruit on them is like a walnut, having a cover, with a Rudraksha inside. These tress are generally found in India, Nepal, Indonesia and some other countries of North Asia.

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Note: For those readers who hold interest in Spirituality and Hindu Philosophy can read "[Rudraksha Jabala Upanishad](#)" found in the Upanishad section under "Religion and Philosophy / Hinduism", to get a great overview and enhance their understanding on the benefits of Rudraksha, both for spiritual and personal success.

Methods of Treatment

1. By the mere utterance of the name of 'Rudraksha'.
2. By seeing and touching it.
3. By wearing a rosary (necklace) or even one Rudraksha can be worn by stringing in white thread.
4. Keep Rudraksha soaked in a cup of water overnight (use of a clean and auspicious place like place of worship is important), and then in the morning drink the water.
5. Do Japa with Rudraksha and wear it at all times.
 - a. Start on Monday,
 - b. Wash Rudraksha with unboiled milk and water,
 - c. Apply sandalwood paste on it,
 - d. Offer Incense and flowers,
 - e. Chant "Om Namah Shivaya" 108 times the first time, when you start this auspicious activity
 - f. Chant " Om Namah " at-least 9 times every day