

Bogobe (Sorghum Porridge)

INGREDIENTS

1. 300 grams coarsely ground and hulled sorghum meal
2. 30 grams sorghum starter
3. 500 to 800 milliliters water

Method:

1. To make the sorghum starter, ferment sorghum meal in water for 48 hours.
2. Mix the ingredients together, and cook. Length of cooking depends on desired consistency.

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