

Ecuadorian Rice

Ingredients:

1. 4 cups long-grain rice
2. 1 teaspoon vegetable oil
3. 1 tablespoon salt
4. 1 scallion
5. 3/4 pot water

Method:

1. Add vegetable oil, salt, and scallion to water and bring to a boil. When boiling, add rice, cover, and reduce heat to low for 15 minutes, or until done.
2. Serve with a salad and chicken, meat, or fish.

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