

Masonja

INGREDIENTS

1. 2 kilograms dried *phane* (caterpillars)
2. 1 teaspoon salt
3. 3 tablespoons cooking oil
4. 1 onion
5. 1 tomato, peeled and diced
6. 1 tablespoon *peri-peri* sauce

Method:

1. Soak the dried *phane* in salt water until swollen. Drain. Boil the *phane* in fresh water and drain again.
2. Heat oil, add *phane*, and fry. Add onion, tomato, and *peri-peri* sauce and simmer until tomato is cooked.

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