

## **Vidarikand**

**Latin Name(s):** Pueraria tuberosa

**English Name(s):**

**Sanskrit / Indian Name (s):** Vidarikand



**Cure for:** This herb is used as a general tonic, for headaches, and as an aphrodisiac. The tubers of the plant are used for the treatment of Dysuria, cough, rheumatism, erysipelas and malarial fever. The roots contain Steroids, Sugars, Amino acids, Sterols, Coumarin, Glycosides and are said to be used in medicine as a demulcent and refrigent in fevers, as cataplasm for swelling of joints, and as lactagogue. It is commonly used as a general tonic, in hoarseness of voice, sore throat, hepatosplenomegaly, cough, diminished lactation etc.